

“Feel uncomfortable in your legs”?

Severity, pain, “buzzing”, pain at the end of the day are familiar to many. “

During the day, the legs experience significant stress, regardless of whether a person is standing, walking or sitting. Fatigue and soreness appear, muscle cramps occur, legs swell, and heaviness and pain are felt.

These problems are especially familiar to those who, due to work, have to sit or walk in high heels for a long time, as well as those who lead a sedentary lifestyle.

The HCI eLeg foot massager with a roller mechanism and pneumocompression has a complex effect on the feet, relaxes, relieves stress and relieves fatigue. Due to the effect on the acupuncture points of the foot, the HCI eLeg improves the general condition, activates metabolic processes, helps to eliminate toxins from the body, and also gives a feeling of inner comfort after use.



HCI[®]
Care Your Self

eLeg Foot Massager

Air Compression: Leg + instep + Heel

What problem does the HCI eLeg solves?

Sedentary lifestyle and sedentary work Increased static foot load (e.g. salespeople, lecturers, teachers)

Increased dynamic load on the legs (you have to walk a lot)

Feeling of heaviness and aching in the legs, swelling.

Active training mode and increased leg loads Stress, fatigue Wearing tight clothing, uncomfortable shoes and stilettos

Prevention of varicose veins and joint diseases, Recovery from sprains and injuries





eLeg Foot Massager
Scraping & kneading & Pinpoint

FEATURES HCI eLeg

The HCI eLeg is based on the use of compression, roller massage and Shiatsu massage in combination with infrared heating. The massage mechanism has a simultaneous effect on feet, stimulating nerve endings and reflex points. The effect of eLeg has a relaxing and stimulating effect on the feet, reduces muscle tension and eliminates fatigue, and helps to reduce swelling and aching.

PRESSOMASSAGE / COMPRESSION MASSAGE

This type of exposure is very close to manual massage and therefore absolutely safe. It is carried out by air pressure, which enters the special chamber of the massager. Air waves have a mechanical effect on the feet. At the moment of soft, but intense squeezing of air, in the area of the feet and ankles, a deep massage is performed, which enhances blood flow to tissues, activates metabolic processes, removes excess fluid and toxins, perfectly eliminates the symptoms of fatigue and stress, allows you to relax and eliminate muscle spasms.

ROLLER MASSAGE

A special system of rollers acts on the entire surface of the sole, including the front and middle parts, as well as the heel area.

EFFECTS ON ACUPUNCTURAL POINTS

On the feet are reflex points, which are the "projection" of the internal organs and systems of the body.

Roller stimulation effectively works out all the reflex points of the foot. Deep kneading effect enhances blood circulation and makes the functioning of internal organs more balanced, providing a positive effect on the body as a whole.

MASSAGE SHIATSU

Thanks to a stimulating effect on the main points of the foot, HCI eLeg improves well-being and relieves tension and fatigue. It has a relaxing effect on the legs and helps to reduce swelling, facilitates the removal of toxins and toxins from the body, and helps to reduce pain in the joints. The program also activates blood circulation and metabolic processes, harmonizes the state of the nervous system and improves sleep.

INFRARED HEATING

Deep heating with infrared radiation enhances the effect of a comprehensive massage of the feet, enhances blood circulation in the deep muscles, helps to eliminate stagnation and has a general relaxing effect.

Infrared heat increases tissue elasticity, which is necessary to restore ligaments and muscles, as well as to prepare for training or increased stress. This type of exposure increases joint mobility and reduces pain.

POSITIVE COMBINATION OF METHODS

PRESS MASSAGE	ROLLERS MASSAGE / SHIATSU MASSAGE	INFRARED HEATING
Activation of blood circulation Lymphatic drainage, swelling reduction Reduces pain and aching legs Activation of metabolic processes Detoxification Well-being	Reduces pain and aching legs Blood circulation restoration Elimination of fatigue, stress Normalization of the work of organs and systems Immunity increase Sleep improvement	Improving Massage Efficiency Blood circulation restoration Normalization of metabolic processes Reduces pain and aching legs Sleep improvement Fatigue elimination

eLeg Foot Massager



Air Compression: Leg + instep + Heel

Procedure for carrying out the procedure with the HCI eLeg.

Choose the appropriate regimen - and you will have a full foot massage in just 15 minutes.

1 MODE COMBINATION OF ROLLER MASSAGE AND INTENSIVE PRESS

MASSAGE:

The HCI eLeg combined effect on the feet eliminates congestion, heaviness in the legs, and also eliminates fatigue and drowsiness. The stimulating effect activates blood circulation and helps eliminate muscle spasms.

2 MODE COMBINATION OF ROLLER MASSAGE AND SOFT DELICATE

PRESSOMASSAGE:

The HCI eLeg delicate effect on the muscles of the foot allows you to get rid of puffiness, which arose after the last load, when wearing shoes with high heels, as well as with insufficient load on the legs (for example, when sitting). The regimen helps eliminate swelling, a feeling of aching and heaviness in the legs, strengthens the muscles, and is also used as a preventive measure against varicose veins and joint diseases.

3 PRESSOMASSAGE MODE

In this mode, a deep relaxing effect on the muscles of the foot and a stimulating effect on the processes of drainage and detoxification occur. Press action enhances blood flow to tissues, activates metabolic processes, removes fluid and toxins, eliminates puffiness and discomfort, and perfectly eliminates symptoms of fatigue and stress.



ADVANTAGES OF HCI ELEG FOOT MASSAGER:

The device can be used by both women and men with Absolute safety.

The effectiveness of the methods is proven and confirmed by many years of experience in medicine and professional cosmetology.

Fully covers the foot to the ankle.

The combination of three types of massage effects and IR heat will give a feeling of lightness in the legs, eliminate swelling and heaviness, and create a feeling of comfort throughout the body.

It is necessary for women who spend a lot of time on stilettos.

Removable covers: easy to wash and disinfect.

Comfortable use and time saving: the procedure takes only 15 minutes, while you can continue to do what you love in warmth and comfort at home. You can also, if you wish, independently set the massage time from 5 to 30 minutes.

It is convenient to use: with the remote control, there is no need to bend to the massager to turn on, select a program or type of exposure.

CONTRAINDICATIONS

Pregnancy

Epilepsy, severe neurological diseases

Presence of medical artificial parts of the legs, implants or pins Arterial circulatory disorders
Pacemaker

Acute bacterial and viral processes. Fever, exacerbation of chronic inflammatory diseases. It is not recommended to carry out the procedure for influenza, SARS, fever

Violation of the integrity of the skin

Hypertonic disease

Kidney and excretory system diseases

Good for Problems:

Swelling, pain, a feeling of "heaviness" caused by "standing" or "sitting" work;

Discomfort due to uncomfortable shoes;

Pain after increased physical activity, sports;

Disorders of blood flow and lymphatic drainage due to a sedentary lifestyle;

Prevention of varicose veins;

Rehabilitation after injuries, sprains;

Overweight due to overweight⁴

Chronic general fatigue, poor sleep.

Supply Voltage	220-240 V. 50Hz
Power Consumption	Approx 50 w
Auto Off timer	5-10-15-20 Minutes
Sizes	650*390*305 mm
Weight	9.5Kg
Storage Temperature	15-85* C
Quality Certificates	FDA / RoHs / CE

Warranty period: 1 year.

Manufacturer: HCI.

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